

CQC rating

Good

Blakelands Hospital

Referral Guide

2018



Blakelands Hospital

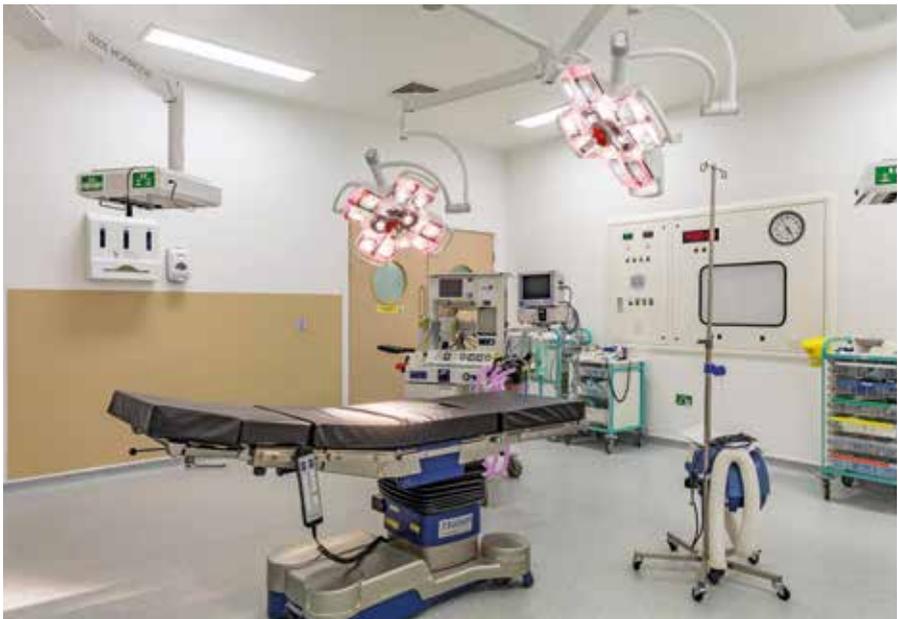
Part of Ramsay Health Care

About Blakelands Hospital

Blakelands Hospital located in Milton Keynes opened in 2006 and is a purpose built day case unit that provides convenient, effective and high quality treatment for patients funded by the NHS, medically insured or self-paying.

The centre has been designed to provide outpatient facilities for the assessment and treatment of patients and has two operating theatres for day case surgical procedures.

Blakelands Hospital understands the need to offer patients variety and choice for outpatient appointments so patients have the option of booking into regular weekday and evening clinics, and occasional Saturdays.



Consultant Quick Guide

Speciality	Consultant	Special Interest	NHS / Private	
Gastroenterology	Dr Anwar Hussain	Upper GI, endoscopy, colonoscopy	•	•
Gastroenterology	Dr Imre Kosa	Upper GI, endoscopy, colonoscopy	•	•
General Surgery	Mr Ugochukwu Ihedioha	Colorectal and laparoscopic surgery	•	•
General Surgery	Mr Kyi Toe	Hernia repair	•	•
General Surgery / Upper GI	Mr Achal Khanna	Hernia repair, upper GI, laparoscopic surgery	•	•
General Surgery / Upper GI	Mr Chris Lewis	Upper GI and hernia repair	•	•
Ophthalmology	Miss Andrea Kerr	Cataracts	•	•
Ophthalmology	Mr Bimal Kumar	Cataracts, glaucoma and oculoplastics	•	•
Ophthalmology	Mr Areeb Moosavi	Cataracts and glaucoma	•	•
Orthopaedics	Mr Sam Anand	Shoulder, elbow, hand and wrist	•	•
Orthopaedics	Mr Cyril Marek	Hand, wrist, hip, knee and forefoot	•	•
Orthopaedics	Mr Gurbinder Nandhara	Foot and ankle	•	•
Orthopaedics	Mr Donald Wallace	Knee, shoulder and elbow	•	•
Orthopaedics	Mr Bhavik Shah	Hip, knee and hand	•	•
Orthopaedics	Mr Donald Wallace	Shoulder and elbow	•	•
Podiatric	Mr Michael Wardlaw	Bunion and forefoot	•	•
Urology	Mr Sanjeev Taneja	Urinary infections	•	•
Urology	Mr Liaqat Chowoo	Benign and malignant urological diseases	•	•
Urology	Mr Robert McCormick	General urology	•	•
Cosmetic Surgery	Mr Sultan Hassan	Breast, body and facial		•

Specialties at Blakelands Hospital

Gastroenterology

- Endoscopy (Upper GI, Transnasal)
- Colonoscopy
- Flexible Sigmoidoscopy

General Surgery

- Removal of lump and bumps
- Treatment for Haemorrhoids
- Hernia repair (Open and Laparoscopic)

Ophthalmic Surgery

- Cataract surgery
- YAG laser capsulotomy
- Glaucoma management
- Lid malposition
- Cyst / growth removal

Orthopaedic Surgery

Hand and Wrist Surgery

- Carpal tunnel
- Dupuyren's fasciectomy
- Ganglion removal
- Trigger finger release
- Ligament reconstruction

Shoulder Surgery

- Rotator cuff surgery
- Shoulder replacement*
- Subacromial decompression (SAD)
- Shoulder arthroscopy

Elbow Surgery

- Ulnar nerve release
- Tennis elbow surgery

Knee Surgery

- Anterior cruciate ligament reconstruction (ACL)
- Knee arthroscopy
- Knee replacement*
- Manipulation under anaesthesia (MUA)

Foot and Ankle Surgery

- Hindfoot surgery
- Midfoot surgery
- Forefoot surgery
- Ankle arthroscopy

Hip Surgery

- Hip replacement*
- Steroid injection

Urology

*This procedure requires an inpatient stay, therefore the Consultant will see the patient at Blakelands Hospital for the initial Consultation, diagnosis and discussion of treatment but the actual surgery will be carried out at one of our local sister hospitals that has inpatient facilities either in Banbury or Kettering. Follow up appointments after your surgery will be back at Blakelands Hospital to avoid the patients having to travel.

Consultant Profiles



Mr Sam Anand MSc, MBBS, FRCS

Consultant Orthopaedic Surgeon

Clinical specialty: Shoulder, hand and wrist.

Mr Anand completed his training at the Medical University in Madras, India. He moved to England to work in Trauma and Orthopaedics specialising in problems of the upper limb and the shoulder in particular. He routinely performs complex arthroscopic shoulder soft tissue procedures including decompression, shoulder stabilisation and rotator cuff repair.



Mr Liaqat Chowoo MBBS, MS DMB Urol, FRCS

Consultant Urologist

Clinical specialty: General urology and incontinence.

Mr Chowoo completed most of his general surgery and urology training in India before moving to London in 2000. He spent a year at the Institute of Urology in London and worked as a senior clinical fellow in associated hospitals for 3 years before being appointed as a Consultant Urological Surgeon in 2004. He has been offering specialist services in general urology and incontinence and reconstruction since.



Mr Anwar Hussain

Consultant Gastroenterologist

Clinical specialty: Endoscopy.

Dr Anwar Hussain is a Consultant Gastroenterologist, specialising in gastroenterology and endoscopy Dr Hussain is also a Consultant Physician and gastroenterologist at Kettering General Hospital. He brings extensive experience of hospital medicine after working as an NHS consultant for 17 years, 10 of which have been spent in managing acute medical services.



Mr Ugo Ihedioha MBChB, MD, FRCS (Gen Surg)

Consultant General and Laparoscopic Surgeon

Clinical specialty: Laparoscopic and colorectal surgery.

Mr Ihedioha studied medicine at the University of Calabar, Nigeria and undertook his basic surgical training in Glasgow. He is a Consultant General and Colorectal Surgeon who specialises in laparoscopic colorectal surgery for bowel cancer, and pelvic floor surgery.



Miss Andrea Kerr MBBS(Hons) BSc FRCS

Consultant Ophthalmologist

Clinical specialty: Cataracts.

Miss Andrea Kerr is a Consultant Ophthalmologist at Northampton General Hospital since 2002. She trained at the Princess Alexandra Eye Pavilion in Edinburgh as an SHO and at the Royal University Hospitals, Liverpool as a Registrar. From there, she went on to do a clinical Fellowship in cornea and external eye disease and refractive surgery at the Queen Victoria Hospital in East Grinstead.

Consultant Profiles



Mr Achal Khanna [BMBS, BMedSci, MPhil, FRCS Eng \(Gen\)](#)

Consultant General Surgeon

Clinical speciality: Upper GI and general surgery.

After qualifying from Nottingham University, Mr Khanna completed his training in Adelaide and Leicester. He sub-specialises in Upper GI surgery with a focus on benign diseases, laparoscopic and general surgery. Mr Khanna also has a substantive post at Milton Keynes University Hospital.



Dr Imre Kosa

Consultant Gastroenterologist

Clinical speciality: Endoscopy.

Mr Kosa completed his training at the University Medical School of Debrecen, Hungary in 1985. Mr Kosa performs conventional (transoral) and transnasal gastroscopy, as well as colonoscopy and abdominal ultrasound scans at Blakelands Hospital for patients with abdominal symptoms.



Mr Bimal Kumar [BS, FRC Ophthalmology, FRCSEd](#)

Consultant Ophthalmologist

Clinical speciality: Oculoplastic surgery.

Mr Kumar qualified at the University of Sydney, Australia in 1989. Mr Kumar's specialist registrar training in Ophthalmology was completed at Manchester Royal Eye Hospital and St Paul's Eye Unit, Liverpool. In addition Mr Kumar has completed a corneoplastics fellowship in Perth, Western Australia and an oculoplastics fellowship in Maidstone and East Grinstead.



Mr Chris Lewis [BDS, MBBS FDSRCS \(Eng\), DIC MSc, FRCS \(OMFS\)](#)

Consultant General Surgeon

Clinical speciality: Hernia repair.

Mr Lewis graduated from Manchester University in 1997. He trained in the Northwest and spent a year of early surgical training in Australia before undertaking a fellowship in Emergency and Trauma surgery as a senior trainee in New Zealand. Mr Lewis has a keen interest in abdominal wall hernias and specialises in hernia repair and laparoscopic cholecystectomy.



Mr Cyril Marek [MD](#)

Consultant Orthopaedic Surgeon

Clinical speciality: Hip, knee and forefoot.

Mr Marek has worked as an Orthopaedic Surgeon since 1993. He graduated from Charles University Prague in 1992 and followed the Orthopaedic graduate training scheme in Prague. Since May 2006, Mr Marek has been employed by Ramsay Health Care at Blakelands Hospital in Milton Keynes and Horton Treatment Centre.



Mr Gurbinder Nandhara MBChB, MRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon

Clinical specialty: Foot and ankle.

Mr Nandhara completed his training on the North West Orthopaedic training scheme and passed through many specialities on gaining his accreditation. He specialises in all aspects of foot and ankle surgery, including bunions, heel pain and arthritis. Mr Nandhara frequently performs minimally invasive ankle arthroscopies and has a particular interest in shockwave therapy.



Mr Sanjeev Taneja MBBS, FRCS

Consultant Urologist

Mr Taneja qualified from New Delhi, India where he was trained as a General Surgeon. He did his Urological training in the UK. He also trained to do laparoscopic (keyhole) surgery in Strasbourg, France. Mr Taneja specialises in incontinence and urinary infections.



Mr Kyi Toe FRCS, BADS, GMC, BHS

Consultant General Surgeon

Clinical specialty: Hernia repair.

Mr Toe qualified from Medical College in Yangon, Myanmar, Burma in 1986 where he also trained as a General Surgeon. Mr Toe achieved a master's degree in general surgery in 1994 and gained a Consultant post in Yangon. In 2009 he completed his fellowship examinations with the Royal College of Surgeons in general surgery. After completing his training Mr Toe became a Consultant Surgeon in Milton Keynes in 2012, specialising in general, laparoscopic and day case surgery.



Mr Bhavik Shah MBBS, MS (Ortho), MCH (Ortho), FRCS (Ortho)

Consultant Orthopaedic Surgeon

Clinical specialty: Hip and knee.

Mr Shah trained on the Manchester Orthopaedic Rotation and undertook fellowships in hip and knee replacement and revision hip surgery in Wrightington Hospital. He was appointed Consultant Orthopaedic Surgeon at Kettering General Hospital NHS Trust in 2001 where he has been Clinical Director for the last 4 years. Mr Shah specialises in joint replacements, resurfacing revision joint replacement and hand surgery.

Consultant Profiles



Mr Donald Wallace Bm BCh, FRCS, FRCS(orth)

Consultant Orthopaedic Surgeon

Clinical specialty: Shoulder, Elbow and Knee.

Mr Wallace qualified in medicine at Oxford University in 1986. He has been a consultant in trauma and orthopaedic surgery at Milton Keynes General Hospital since 1998. Mr Wallace's interests are predominantly in arthroscopic shoulder and knee surgery as well as reconstructive shoulder surgery and knee replacement surgery.



Mr Michael Wardlaw

Podiatric Surgeon

Mr Wardlaw performs a wide range of foot surgery for various conditions including osteotomies for hallux valgus, arthrodeses for hallux rigidus, arthroplasties for hammer toe deformities, excision of soft tissue masses eg. ganglions and lesser metatarsal osteotomies for painful plantar lesions and morton's neuroma excisions. He also performs steroid injections and provides orthotics.



Additional Services - Consultant Profiles



Mr Sultan Hassan
FRCS (Eng), FRCSEd,
FRCS (Plast)

Consultant Plastic Surgeon

Mr Sultan Hassan is an expert in reconstructive, breast, body contouring and cosmetic surgery. He performs up to 500 cosmetic surgery procedures per year. He has over 17 years' experience and was voted 'Cosmetic Surgeon of the Year' in 2014/15 by the 'Good Surgeon Guide' based on his patient's feedback, and has appeared on Channel 4's Embarrassing Bodies.



NHS Services

Our **NHS Services**

Blakelands Hospital offers Consultations and treatment for a range of services for NHS patients:

- Gastroenterology
- General Surgery
- Ophthalmology
- Orthopaedics
- Urology

Why refer your patients to Blakelands Hospital?

- Clean, light, modern facility
- Short wait times compared to local trust hospitals
- Consultant led care for all patients
- Flexible appointment times; day, evening & Saturdays
- Excellent clinical outcomes
- 0% cases of hospital acquired MRSA Bacteraemia
- Free car parking
- Free Wi-Fi

How to refer NHS patients

GPs should follow local protocol for referrals via referral centres and triages, clearly stating on the referral letter that **Blakelands Hospital** is the patient destination of choice.

All referrals must be sent via e-RS as Blakelands Hospital is unable to accept referrals by any other mode.

Patient Inclusion and Exclusion Criteria

All patients will be triaged or risk assessed to see if Blakelands Hospital is a suitable place for treatment.

Specific Inclusion Criteria

Patients will be individually risk assessed and considered for treatment at Blakelands with:

- Reduced mental capacity will be treated if there is legal documentation for an advocate that has power of attorney/ power of deputy ship for health and well-being of the patient. The patient will be assessed with the advocate present.
- A history of well controlled mental health
- Sickle cell trait
- Multiple allergies
- Insulin dependent diabetes (exclude labile diabetes i.e. exclude someone with hypoglycaemic episodes)
- Limited mobility patients
- A CVA/TIA (stroke) longer than 6 months ago with a plan in place for management of coagulation medications (NOAG).
- Sleep apnoea (stable with CPAP machine)
- Alcohol or drug dependency
- A patient with a BMI 40 or above will be considered if the procedure could be done under a local anaesthetic (depending on weight distribution).
NB: If there is any risk that the procedure would need to be converted from a Local Anaesthetic to sedation/GA the patient would be referred back to the GP.
- Recent infection

Exclusion Criteria

Patient who have any of the following Blakelands will not be a suitable site for treatment:

- Zero tolerance to abusive or aggressive patients
- No suitable support at home
- Under 18 years
- Unstable ASA 3 and above
- Blood disorders (haemophilia, thalassemia)
- On Renal dialysis.
- A history of malignant hyperpyrexia/ hyperthermia
- A psychiatric history or have severe mental health
- A need for ventilatory support post operatively
- Any requirement for planned high dependency care
- Limited mobility due to breathlessness
- Poorly controlled asthma needing oral steroids or has had frequent hospital admissions with in the last three months.
- Patients with a BMI 40 or above will not be considered for a General anaesthetic
- An MI (heart attack) in the last 6 months.
- Stents(cardiac) inserted in the last year
- CVA (stroke) in the last 6 months
- Angina classification 3-4 (limitations on normal activity e.g. 1 flight of stairs or angina at rest)
- Abdominal Aortic Aneurysm

Private Patients

At Blakelands we offer consultations and procedures for both self-paying patients, and those with private medical insurance.

A range of services are available:

Diagnostic imaging

- X-ray
- Ultrasound

Cosmetic Surgery

- Breast enlargement
- Breast reduction
- Breast uplift
- Liposuction
- Abdominoplasty
- Rhinoplasty

Gastroenterology

- Endoscopy (Upper GI, Transnasal)
- Colonoscopy
- Gastroscopy
- Flexible Sigmoidoscopy

General Surgery

- Removal of lump and bumps
- Treatment for Haemorrhoids
- Hernia repair (Open and Laparoscopic)

Ophthalmology

- Cataract surgery
- YAG laser capsulotomy
- Glaucoma management
- Lid malposition
- Cyst / growth removal

Orthopaedics

- Hand and wrist
- Shoulder and elbow
- Hip and knee
- Foot and ankle

Pain Management

- Acupuncture

Physiotherapy

- Traditional physiotherapy
- Sports massage
- Kinesiology taping
- Shockwave therapy
- Mobilisation and manipulative therapies
- Acupuncture

Urology



How to refer

GPs can refer a Private Patient for an outpatient consultation or diagnostic tests online, by post, fax or using the below telephone number:

01908 049 665

Private patients can email enquiries via
Blakelands.enquiries@ramsayhealth.co.uk

Refer a Private patient online through the Referral Zone

If you have a patient that you would like to refer privately, send us their details via our new online Referral Zone.

This means your patient's details will be sent straight into the box of our Private patient advisor.

You are able to select which Hospital the patient wants to be seen at, the Consultant and specialty and even securely upload a referral letter in a matter of seconds.

To use this new referral form, simply visit

www.blakelandshospital.co.uk/referral-zone, click 'refer a patient online' and use the following log in details:

Username: **Ramsayonline**

Password: **Ramsaygp**



Take a look around Blakelands Hospital with our Google Tour.

To walk through our departments, see theatre and explore our day case pods, visit:

www.blakelandshospital.co.uk/about-us/take-a-look-inside



How to find us

By rail

Milton Keynes train station is approximately 8 minutes away by car.

By bus

From Milton Keynes town centre Eldergate bus number 2.

From Newport Pagnel town centre, Red House Pub bus number 9a, 24 and 30.

Follow us on Twitter



Like us on Facebook



For more information call **01908 334 200**
or visit www.blakelandshospital.co.uk

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